

# DOMESTIC COOKING COURSE

By Nannies in Training

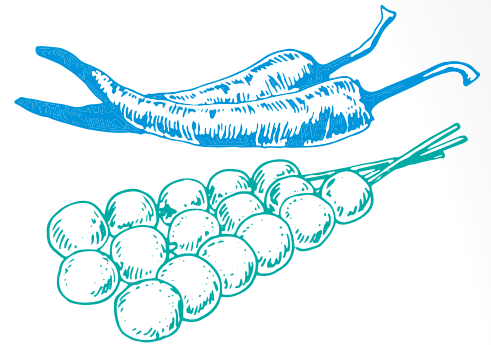
Menu One **OR** Two: **R3250.00**

Menus One & Two  
Discounted Rate: **R5250.00**

Our training is conducted in both English and Zulu. We start off with an introduction to cooking before starting on the menus.

## WHAT WE TEACH

- General Hygiene
- Measurements
- Definitions
- Improvising when Cooking
- Reading Recipes
- Setting the Table



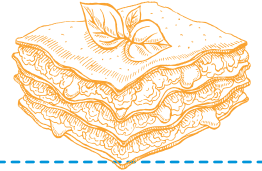
## Menu One

Chicken A La King served with Rice  
Macaroni & Cheese  
Rosa Tomato & Basil Hake Bake  
Red Thai Curry & Roasted Vegetables  
Pumpkin & Butternut Cottage Pie  
Beef Stew  
Nutty Banana Bread with Raisin Butter



## Menu Two

Beef Lasagne served with a Green Salad  
Roast Chicken & Roasted Vegetables  
Chicken A La King served with Rice  
Oven Baked Fish & Chips  
Pork Chops & Vegetable  
Spaghetti Bolognese  
Choc Pots



## TRAINING DATES

Please see our website for our training calendar!

PLEASE NOTE: Ingredients are supplied for the Studio Course only

An In-Home Course is  
available to clients at their  
homes for **R3700.00**

**BOOK NOW**

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**NANNIES IN TRAINING**

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